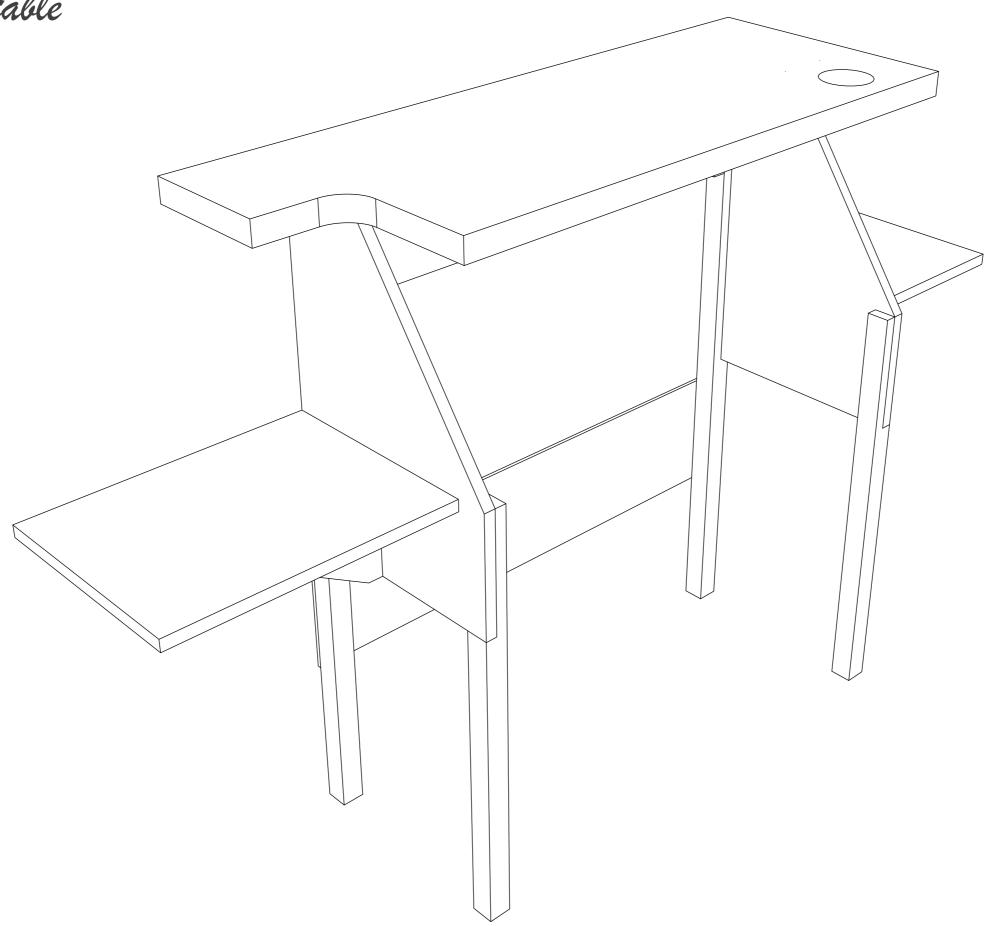
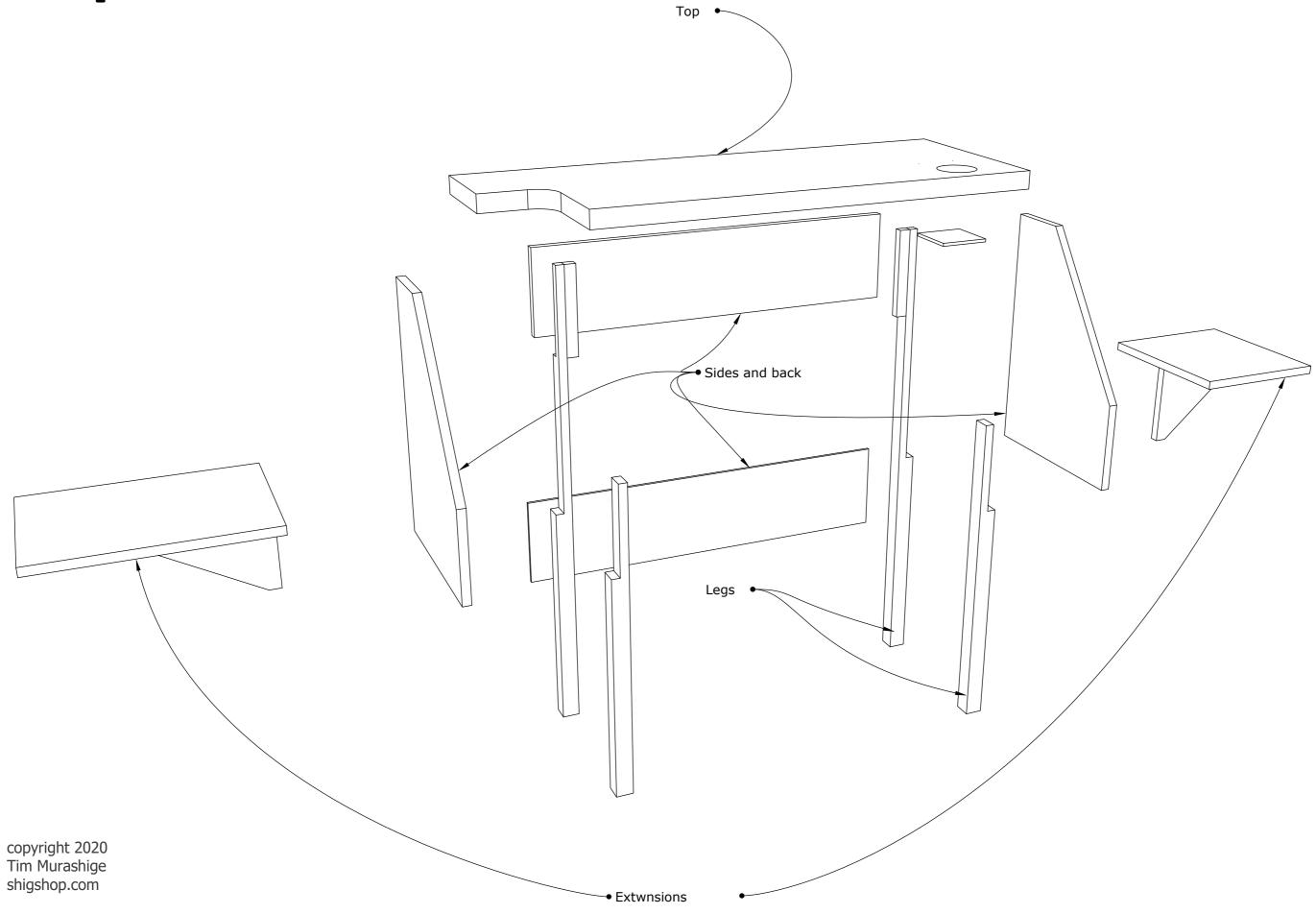
# Shigshop Bike trainer table



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# Exploded

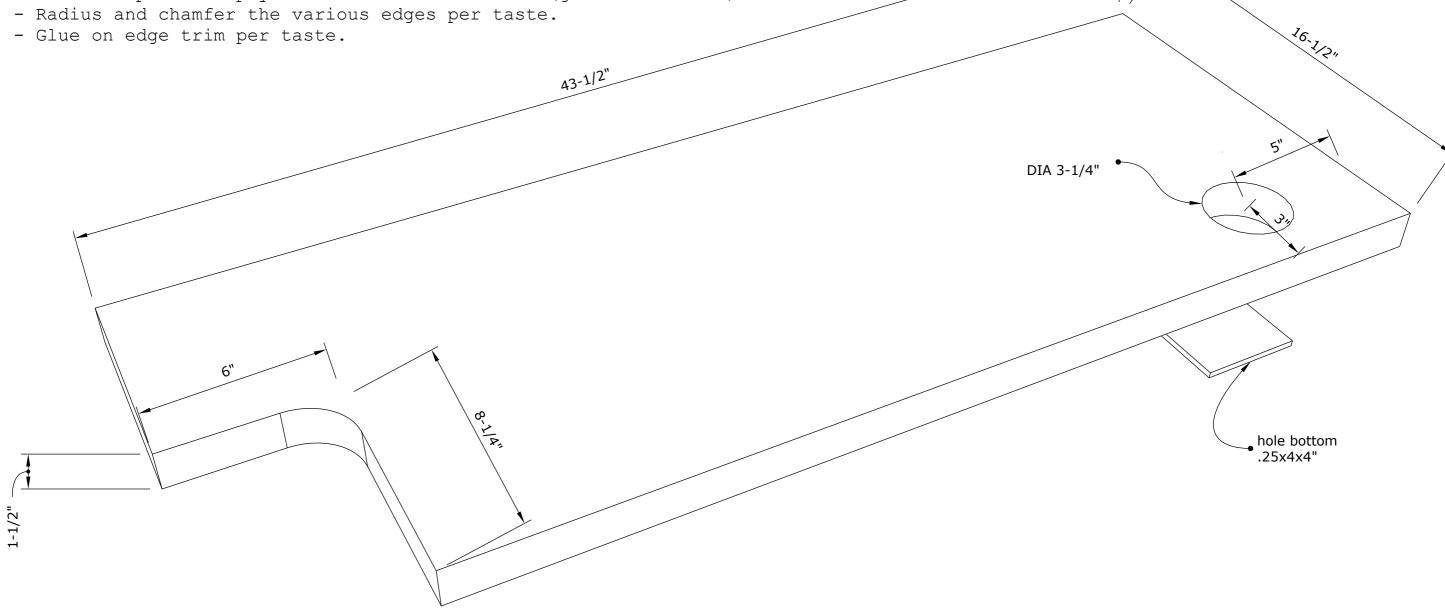


### Top

#### Notes

- The top is glued up with 2 pieces of 3/4" ply/mdf/particle.

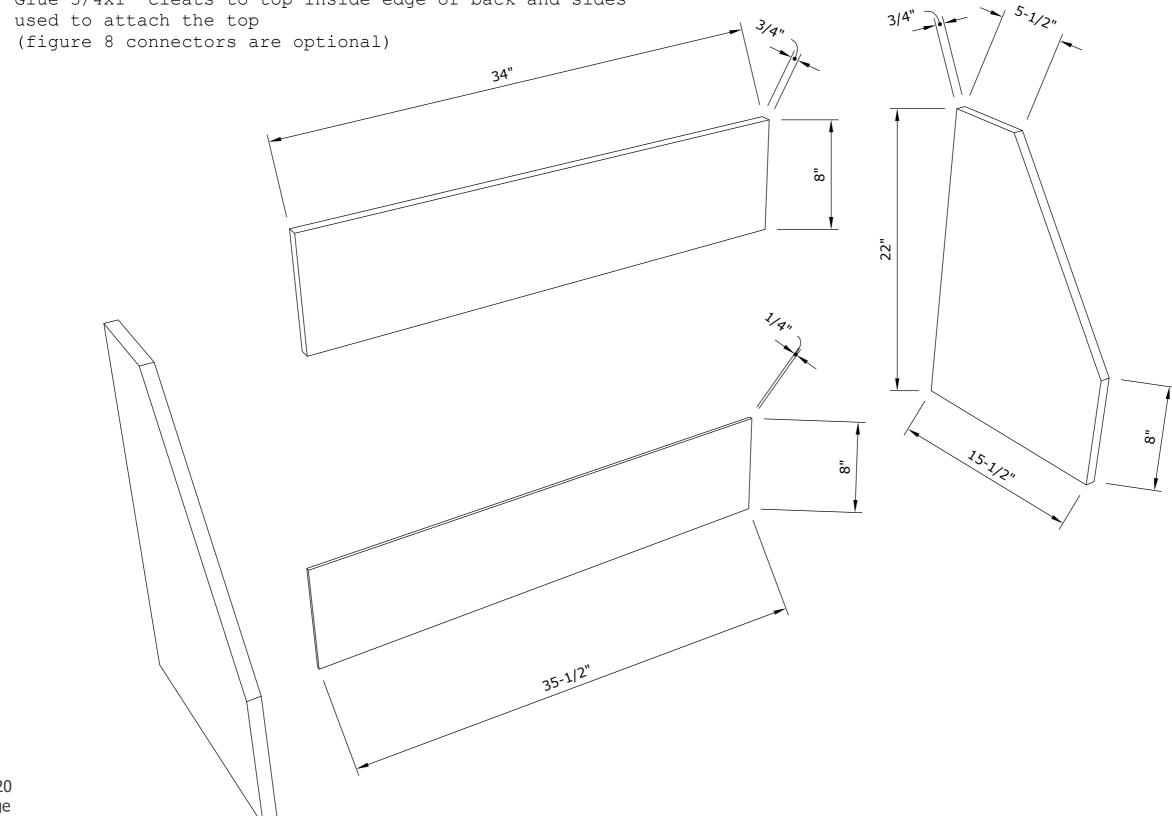
- The cup holder hole is drilled thru after glue up and a .25x4x4" piece of ply is attached as a bottom (glue and screws).



#### Sides and back

Notes

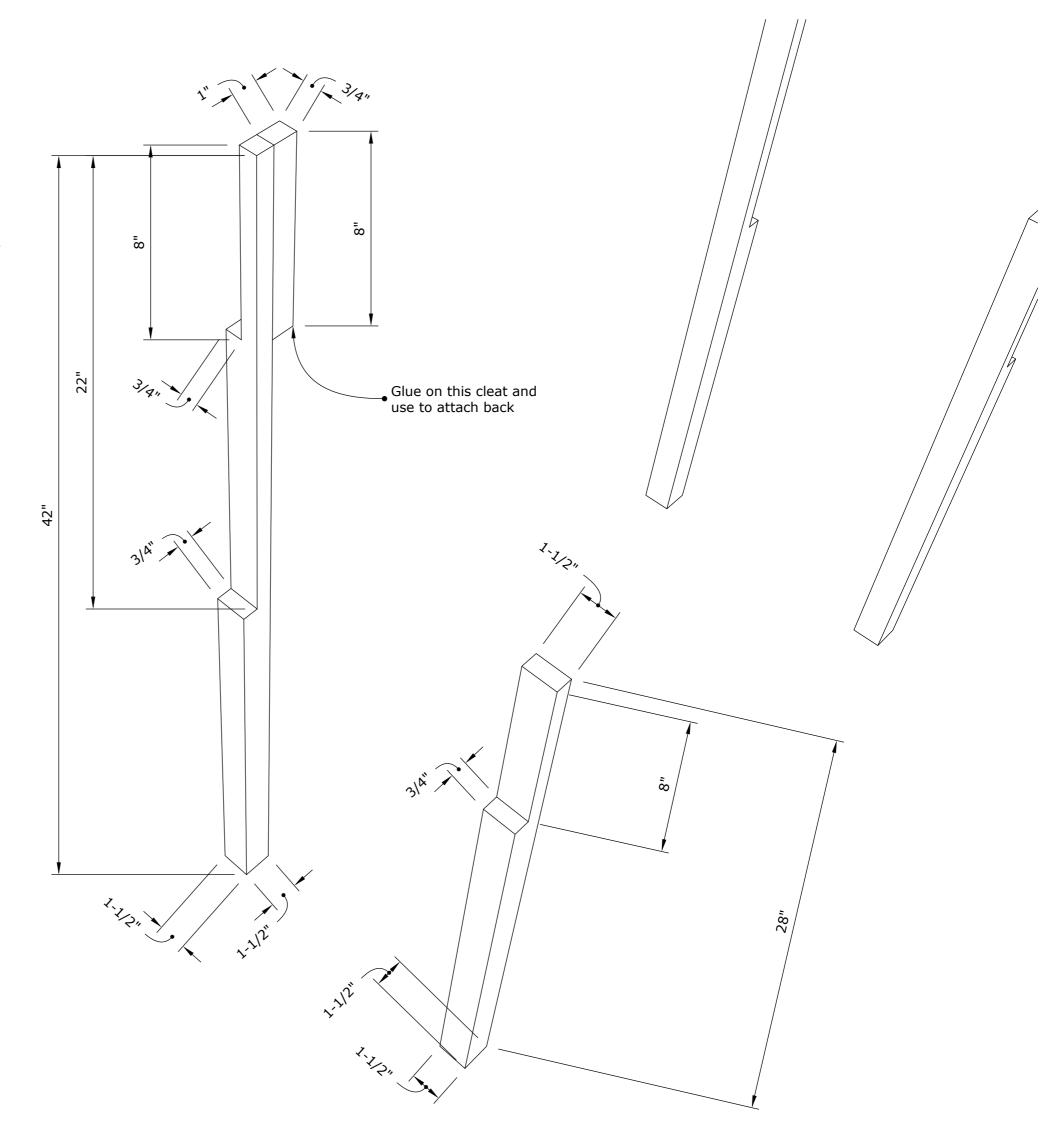
- Use 3/4" plywood for upper back and 1/4" for lower back
- Not drawn add used cleats to attach top
- Glue 3/4x1" cleats to top inside edge of back and sides used to attach the top



# Legs

#### Notes

- Use 1-1/2" x 1-1/2" stock.
- Adjust length on bottom of each leg per personal requirements.



# Extensions (optional)

#### Notes

- Use 3/4" plywood
- Size them appropriate for your needs.
- Add triangular supports underneatch and attach with screws.
- Extension assemblies are screwed onto the sides.
- Use dadoes or cleats if you feel like it (I didn't).

